

Prevalence of Major Behavioral Risk Factors in Hamilton County

A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Hamilton County, 509 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Hamilton County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State	%	CI		%	CI	
				Lower	Upper		Lower	Upper
All	13,327	15,982,378	26.7	13.5	39.9	32.9	15.5	50.3
Sex								
Men	57.5%	48.8%	32.9	9.3	56.4	42.8	31.0	54.5
Women	42.5%	51.2%	22.3	10.5	34.1	26.6	4.1	49.1
Race/ethnicity								
NH White	55.0%	65.4%	30.1	11.5	48.7	51.2	41.4	61.0
NH Black	37.3%	14.2%	28.3	12.0	44.6	26.7	1.1	52.3
Hispanic	6.4%	16.8%
Race/ethnicity-Sex								
NH White men	30.4%	31.9%	35.8	6.8	64.9	43.6	29.5	57.8
NH White women	24.7%	33.6%	22.6	11.8	33.5	64.4	54.1	74.7
NH Black men	21.8%	6.8%	17.3	5.5	29.0	.	.	.
NH Black women	15.5%	7.4%	32.5	8.2	56.8	.	.	.
Hispanic men	4.6%	8.4%
Hispanic women	1.8%	8.4%
Age								
18-44	42.5%	36.9%	7.7	3.0	12.5	39.7	20.6	58.8
45-64	22.8%	22.7%	35.1	5.8	64.4	23.1	0.0	47.6
65 and older	11.2%	17.6%	53.4	41.2	65.7	.	.	.
Marital Status								
Never married	21.6%	22.5%	12.5	4.2	20.8	47.5	25.2	69.7
Married/ living together as a couple	48.3%	53.7%	19.5	12.7	26.2	50.9	40.8	61.0
Divorced/ widowed/separated	30.1%	23.8%	38.0	7.1	68.9	10.9	0.0	24.1
Education								
0-11 years	37.1%	20.1%	54.4	41.4	67.4	.	.	.
HS Grad/GED	35.1%	28.7%	27.7	5.9	49.5	35.1	16.9	53.3
1 or more years of college	27.8%	51.1%	9.7	1.6	17.8	26.4	0.0	53.3
Employment								
Employed for wages	38.8%	54.9%	6.8	2.3	11.2	32.9	15.5	50.3
Household Income								
\$24,999 or less	48.8%	30.8%	39.0	11.2	66.9	20.4	0.0	47.5
\$25,000 – 49,999	29.1%	31.6%	8.6	2.7	14.4	32.3	12.8	51.8
\$50,000 or more	22.0%	37.6%	9.5	2.8	16.1	56.1	40.1	72.2

*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity									
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3	No leisure time physical activity			No regular moderate physical activity ⁽¹⁾			No regular vigorous physical activity ⁽²⁾		
	%	CI		%	CI		%	CI	
All	45.9	29.9	61.9	56.6	39.6	73.5	88.2	83.5	92.9
Sex									
Men	45.2	25.3	65.1	64.4	50.0	78.7	81.3	72.4	90.2
Women	46.4	22.8	70.0	51.1	26.4	75.7	93.1	89.1	97.1
Race/ethnicity									
NH White	49.0	32.4	65.5	56.9	41.0	72.8	84.6	78.1	91.1
NH Black	61.5	41.7	81.3	79.2	66.9	91.4	91.6	85.6	97.6
Hispanic
Race/ethnicity-Sex									
NH White men	45.2	19.7	70.6	62.6	43.8	81.3	82.5	72.0	93.1
NH White women	53.9	33.7	74.1	49.5	27.6	71.3	87.3	80.4	94.2
NH Black men	47.5	30.1	64.9	67.9	51.8	84.0	76.6	62.5	90.8
NH Black women	66.8	43.2	90.5	83.4	69.9	97.0	97.2	93.8	100.0
Hispanic men
Hispanic women
Age									
18-44	49.8	29.7	69.8	55.6	35.7	75.4	83.2	74.7	91.8
45-64	43.0	12.4	73.7	53.1	19.4	86.9	92.6	87.0	98.2
65 and older	43.8	31.2	56.3	68.6	57.4	79.7	89.6	82.6	96.6
Marital Status									
Never married	36.7	22.4	51.1	64.2	49.0	79.4	81.3	68.3	94.4
Married/ living together as a couple	42.9	28.5	57.3	53.1	39.3	66.9	83.6	77.4	89.8
Divorced/ widowed/separated	51.5	16.9	86.1	58.1	21.8	94.5	94.8	90.3	99.3
Education									
0-11 years	58.3	45.8	70.8	75.8	65.4	86.1	91.4	83.8	99.0
HS Grad/GED	60.7	43.7	77.7	65.4	46.6	84.3	89.4	83.6	95.2
1 or more years of college	14.8	2.9	26.7	31.8	7.3	56.3	84.5	71.7	97.3
Employment									
Employed for wages	32.0	10.7	53.3	48.1	23.1	73.2	86.0	77.8	94.2
Household Income									
\$24,999 or less	40.9	12.7	69.1	55.5	23.4	87.6	92.5	86.8	98.2
\$25,000 – 49,999	57.2	35.4	79.1	55.3	30.4	80.3	88.1	80.5	95.7
\$50,000 or more	16.5	7.1	25.8	46.6	31.9	61.4	72.7	59.8	85.7
Risk Factors: Overweight and Nutrition									
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6	Overweight ⁽³⁾			Obese ⁽⁴⁾			Less than 5-A-Day ⁽⁵⁾		
	%	CI		%	CI		%	CI	
All	37.2	20.4	54.1	26.6	13.5	39.8	72.6	54.6	90.7
Sex									
Men	33.1	19.8	46.5	38.3	16.3	60.3	80.0	70.4	89.6
Women	40.1	13.9	66.4	18.4	8.9	27.9	67.4	39.1	95.6
Race/ethnicity									
NH White	29.9	19.3	40.5	32.7	14.5	50.9	80.2	72.3	88.1
NH Black	28.6	12.8	44.5	25.4	11.3	39.5	88.2	80.4	96.0
Hispanic
Race/ethnicity-Sex									
NH White men	34.3	17.0	51.5	40.0	12.5	67.4	79.2	67.0	91.4
NH White women	24.2	12.8	35.6	23.2	12.1	34.4	81.5	72.2	90.8
NH Black men	30.2	15.3	45.1	31.7	14.8	48.5	81.3	68.4	94.2
NH Black women	28.0	6.9	49.2	23.0	5.8	40.2	90.9	82.4	99.3
Hispanic men
Hispanic women
Age									
18-44	26.5	14.4	38.5	18.8	9.6	28.0	82.7	73.6	91.8
45-64	47.9	15.0	80.9	36.0	6.7	65.3	62.1	25.6	98.5
65 and older	37.4	25.9	49.0	21.8	12.7	31.0	74.4	63.8	85.0
Marital Status									
Never married	29.7	15.9	43.5	27.7	14.8	40.6	77.7	63.2	92.2
Married/ living together as a couple	32.3	22.6	42.0	24.7	16.4	32.9	77.2	69.4	85.1
Divorced/ widowed/separated	44.4	9.0	79.9	28.5	0.0	57.6	66.4	27.9	100.0
Education									
0-11 years	39.2	26.4	52.0	24.2	14.3	34.2	82.3	73.3	91.2
HS Grad/GED	22.7	12.1	33.3	33.3	11.9	54.6	88.9	82.7	95.1
1 or more years of college	59.9	29.5	90.3	17.1	3.4	30.9	40.6	9.9	71.4
Employment									
Employed for wages	48.2	22.3	74.2	18.6	8.2	29.0	64.2	34.2	94.2
Household Income									
\$24,999 or less	43.8	11.8	75.8	34.1	6.9	61.2	62.5	28.3	96.6
\$25,000 – 49,999	32.8	15.2	50.3	16.6	6.7	26.5	84.6	74.7	94.6
\$50,000 or more	29.4	17.0	41.9	27.2	13.7	40.7	69.3	55.2	83.4

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker ⁽⁶⁾			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking ⁽⁷⁾		
	%	CI		%	CI		%	CI	
All	17.3	10.8	23.7	63.7	53.3	74.2	10.4	5.9	15.0
Sex									
Men	26.2	14.8	37.7	64.7	49.7	79.6	19.7	10.1	29.3
Women	11.0	5.1	16.9	62.2	49.0	75.3	3.9	1.1	6.7
Race/ethnicity									
NH White	21.7	13.3	30.2	62.6	49.8	75.5	15.1	8.2	21.9
NH Black	10.9	3.9	17.9	.	.	.	3.8	0.3	7.4
Hispanic
Race/ethnicity-Sex									
NH White men	25.7	11.6	39.8	64.4	46.7	82.1	22.3	9.3	35.4
NH White women	16.6	8.3	24.9	58.9	43.4	74.3	5.8	1.8	9.8
NH Black men	17.3	5.5	29.0	.	.	.	8.6	1.4	15.8
NH Black women	8.5	1.0	15.9	.	.	.	1.9	0.0	5.5
Hispanic men
Hispanic women
Age									
18-44	26.2	14.1	38.3	68.8	54.7	82.8	18.6	8.8	28.4
45-64	13.3	4.0	22.6	56.5	41.0	72.0	4.6	0.8	8.5
65 and older	4.4	1.1	7.8	.	.	.	5.0	0.9	9.2
Marital Status									
Never married	29.8	14.9	44.6	.	.	.	32.7	16.2	49.2
Married/ living together as a couple	22.1	14.3	29.9	66.7	52.3	81.2	10.1	4.9	15.3
Divorced/ widowed/separated	9.1	2.2	16.1	47.8	29.7	65.9	5.3	0.7	9.8
Education									
0-11 years	22.2	11.4	33.0	.	.	.	14.8	4.8	24.9
HS Grad/GED	17.9	9.1	26.7	57.2	41.7	72.8	9.5	3.8	15.2
1 or more years of college	13.6	2.2	25.1	70.5	53.7	87.3	9.6	0.7	18.5
Employment									
Employed for wages	21.9	9.7	34.1	62.0	48.6	75.4	12.8	4.8	20.8
Household Income									
\$24,999 or less	12.0	3.8	20.2	61.6	43.7	79.4	7.0	1.4	12.5
\$25,000 – 49,999	19.6	8.0	31.3	62.3	44.1	80.6	10.9	3.4	18.5
\$50,000 or more	26.3	12.3	40.2	.	.	.	21.5	6.3	36.7

Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
All	18.9	11.9	25.9	14.6	9.0	20.3	6.3	3.4	9.1
Sex									
Men	21.0	11.4	30.6	21.6	11.7	31.5	4.6	1.2	8.0
Women	17.3	7.6	27.0	9.7	4.1	15.3	7.5	2.9	12.0
Race/ethnicity									
NH White	17.5	10.5	24.5	17.0	9.9	24.0	5.0	2.4	7.6
NH Black	28.9	17.8	39.9	13.3	4.5	22.1	5.9	1.2	10.6
Hispanic
Race/ethnicity-Sex									
NH White men	18.3	7.5	29.1	21.1	9.0	33.2	2.8	0.0	5.7
NH White women	16.4	8.1	24.8	11.6	5.4	17.8	8.0	3.2	12.7
NH Black men	28.8	13.3	44.2	19.4	6.7	32.2	4.3	0.0	10.8
NH Black women	28.9	13.7	44.2	11.0	0.7	21.2	6.5	0.1	13.0
Hispanic men
Hispanic women
Age									
18-44	23.3	13.3	33.3	20.1	10.1	30.0	5.8	2.0	9.6
45-64	18.4	5.5	31.4	8.8	2.2	15.3	7.2	1.4	13.0
65 and older	10.9	4.2	17.6	15.8	7.2	24.5	5.2	0.4	10.0
Marital Status									
Never married	40.8	25.0	56.6	32.9	17.4	48.3	9.0	0.4	17.6
Married/ living together as a couple	17.3	10.8	23.8	17.6	11.0	24.3	6.3	3.1	9.5
Divorced/ widowed/separated	14.8	2.6	26.9	6.9	1.2	12.6	5.5	0.6	10.4
Education									
0-11 years	39.4	26.0	52.8	29.6	17.7	41.5	20.4	10.4	30.4
HS Grad/GED	20.1	10.7	29.5	10.3	4.6	16.0	3.8	1.4	6.3
1 or more years of college	6.1	0.8	11.3	13.5	2.0	25.1	2.7	0.0	5.5
Employment									
Employed for wages	16.6	6.9	26.3	14.1	5.8	22.4	3.8	0.9	6.6
Household Income									
\$24,999 or less	16.5	5.6	27.4	12.8	4.0	21.7	7.2	2.0	12.4
\$25,000 – 49,999	18.5	8.3	28.7	13.6	4.6	22.7	3.5	0.4	6.6
\$50,000 or more	11.4	1.7	21.1	16.9	5.1	28.8	0.9	0.0	2.8

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
	All	56.2	40.6	71.8	29.8	17.6	41.9	54.3	36.7
Sex									
Men	48.8	30.5	67.1	38.6	23.1	54.0	44.8	26.0	63.5
Women	61.5	40.6	82.4	23.6	6.0	41.2	61.2	37.6	84.8
Race/ethnicity									
NH White	48.3	32.5	64.0	41.8	25.9	57.7	45.7	29.1	62.4
NH Black	56.7	34.5	78.9	17.6	6.8	28.5	55.7	28.7	82.8
Hispanic
Race/ethnicity-Sex									
NH White men	47.9	25.2	70.6	40.4	20.4	60.4	47.5	22.5	72.5
NH White women	48.8	27.6	70.1	43.6	18.9	68.2	43.5	22.2	64.8
NH Black men	61.3	44.6	78.0	33.8	16.1	51.5	42.9	25.1	60.6
NH Black women	54.9	23.8	86.1	11.7	1.6	21.8	61.6	27.3	95.9
Hispanic men
Hispanic women
Age									
18-44	59.2	39.0	79.4	55.1	34.4	75.8	57.1	36.1	78.2
45-64	57.2	26.6	87.8	9.9	2.6	17.2	51.3	16.7	86.0
65 and older	45.8	33.6	58.0	18.1	9.1	27.0	54.6	40.3	68.9
Marital Status									
Never married	68.2	54.7	81.7	63.5	48.6	78.3	59.9	44.1	75.6
Married/ living together as a couple	52.4	38.8	66.0	44.2	29.7	58.8	47.3	33.6	61.1
Divorced/ widowed/separated	57.1	24.9	89.4	6.4	1.2	11.6	60.3	24.2	96.4
Education									
0-11 years	37.4	24.8	49.9	27.3	15.1	39.5	34.4	19.3	49.6
HS Grad/GED	43.9	23.7	64.1	31.1	12.5	49.7	40.2	18.6	61.8
1 or more years of college	86.3	75.4	97.3	28.9	6.5	51.3	83.1	69.2	97.0
Employment									
Employed for wages	73.5	59.1	87.9	28.7	13.2	44.3	70.9	54.9	87.0
Household Income									
\$24,999 or less	50.5	20.4	80.6	13.2	4.0	22.5	50.9	15.9	85.8
\$25,000 – 49,999	55.4	30.5	80.3	45.2	20.0	70.4	52.1	25.6	78.7
\$50,000 or more	78.9	67.8	90.1	47.7	32.9	62.5	75.4	62.7	88.1
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
	All	33.8	20.0	47.5	84.5	75.8	93.2	22.0	9.0
Sex									
Men	41.3	20.3	62.4	82.1	64.6	99.7	31.9	7.8	56.0
Women	28.5	14.0	42.9	87.0	79.9	94.0	15.0	6.9	23.1
Race/ethnicity									
NH White	38.8	21.5	56.2	83.8	71.2	96.4	29.4	10.6	48.2
NH Black	42.2	20.5	63.9	84.5	73.4	95.5	13.8	4.9	22.6
Hispanic
Race/ethnicity-Sex									
NH White men	43.6	17.6	69.6	82.5	61.7	100.0	37.2	8.6	65.8
NH White women	32.7	17.7	47.6	86.1	77.2	95.0	19.3	9.5	29.0
NH Black men	44.6	27.5	61.8	.	.	.	10.4	0.0	20.8
NH Black women	41.3	12.3	70.4	86.0	73.2	98.8	15.1	2.7	27.4
Hispanic men
Hispanic women
Age									
18-44	12.1	5.5	18.7	.	.	.	12.9	5.9	19.9
45-64	43.7	13.0	74.5	93.5	86.9	100.0	29.0	0.0	58.1
65 and older	63.6	52.2	75.0	91.4	82.6	100.0	27.3	16.8	37.8
Marital Status									
Never married	22.0	9.1	34.9	.	.	.	9.3	1.6	16.9
Married/ living together as a couple	30.7	21.5	39.9	80.3	70.2	90.4	18.6	11.7	25.5
Divorced/ widowed/separated	40.1	8.8	71.5	92.9	85.3	100.0	29.0	0.0	58.7
Education									
0-11 years	49.9	36.6	63.2	88.0	76.5	99.6	19.1	9.9	28.4
HS Grad/GED	36.6	15.5	57.6	82.3	66.7	97.9	28.1	6.1	50.1
1 or more years of college	20.3	4.2	36.5	87.2	75.5	98.8	13.7	2.2	25.3
Employment									
Employed for wages	17.1	7.5	26.6	71.2	56.8	85.6	13.3	5.4	21.3
Household Income									
\$24,999 or less	44.6	15.7	73.5	87.8	76.9	98.6	31.3	4.2	58.3
\$25,000 – 49,999	18.4	7.8	29.0	74.4	56.5	92.3	13.5	4.9	22.1
\$50,000 or more	22.8	11.3	34.4	.	.	.	12.0	1.6	22.3

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
All	79.2	68.4	90.0	94.6	91.5	97.7	38.3	17.6	59.0
Sex									
Men	79.2	69.3	89.1	92.4	86.5	98.4	21.9	10.0	33.8
Women	79.3	62.1	96.4	96.1	93.3	99.0	49.8	21.2	78.3
Race/ethnicity									
NH White	74.0	58.3	89.8	91.9	87.5	96.3	31.1	19.1	43.2
NH Black	84.1	74.5	93.7	98.5	96.0	100.0	22.8	6.2	39.4
Hispanic
Race/ethnicity-Sex									
NH White men	79.4	67.2	91.6	93.6	87.6	99.6	22.1	7.3	36.9
NH White women	67.0	38.3	95.7	89.4	84.6	94.1	45.0	36.9	53.1
NH Black men	85.9	75.7	96.2	94.5	86.3	100.0	25.9	7.0	44.7
NH Black women	83.4	70.3	96.5	100.0	100.0	100.0	21.6	0.2	43.1
Hispanic men
Hispanic women
Age									
18-44	60.8	40.7	80.9	92.8	86.3	99.2	10.0	2.3	17.7
45-64	92.4	86.4	98.3	97.3	94.8	99.9	48.8	13.2	84.4
65 and older	92.0	85.9	98.2	89.9	82.5	97.4	58.5	46.0	70.9
Marital Status									
Never married	54.6	38.8	70.4	96.4	91.3	100.0	10.7	0.6	20.8
Married/ living together as a couple	72.0	54.7	89.2	89.9	84.7	95.1	34.2	26.5	41.8
Divorced/ widowed/separated	93.4	87.8	98.9	98.1	96.2	100.0	45.7	7.6	83.8
Education									
0-11 years	71.9	60.5	83.3	98.1	95.3	100.0	38.4	22.4	54.4
HS Grad/GED	74.6	56.3	92.8	94.9	90.6	99.2	20.0	8.9	31.1
1 or more years of college	90.7	81.9	99.5	93.1	86.2	100.0	62.6	31.3	94.0
Employment									
Employed for wages	81.5	70.9	92.2	94.6	89.9	99.3	40.7	5.7	75.8
Household Income									
\$24,999 or less	86.4	77.2	95.6	95.8	91.7	99.9	53.6	19.4	87.9
\$25,000 – 49,999	67.4	41.8	93.0	95.3	89.9	100.0	16.4	5.6	27.2
\$50,000 or more	86.6	75.7	97.6	87.1	77.1	97.0	28.3	13.4	43.2

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
All	22.0	6.6	37.5	35.7	1.8	69.7	6.4	3.7	9.2
Sex									
Men	28.1	3.0	53.1	.	.	.	5.9	2.3	9.4
Women	17.8	0.0	35.9	75.6	59.9	91.4	6.8	2.7	10.9
Race/ethnicity									
NH White	22.5	2.6	42.5	25.3	0.0	55.6	5.6	2.9	8.4
NH Black	33.0	1.3	64.7	.	.	.	11.1	3.7	18.6
Hispanic
Race/ethnicity-Sex									
NH White men	33.4	3.3	63.5	.	.	.	4.1	1.0	7.2
NH White women	8.5	3.5	13.5	.	.	.	7.6	2.7	12.5
NH Black men	10.1	0.7	19.4	.	.	.	14.4	2.2	26.5
NH Black women	41.7	3.1	80.4	.	.	.	9.9	1.2	18.6
Hispanic men
Hispanic women
Age									
18-44	23.5	0.7	46.2	.	.	.	1.7	0.1	3.4
45-64	22.4	0.0	51.1	.	.	.	5.2	1.3	9.2
65 and older	17.5	8.9	26.1	.	.	.	22.0	12.6	31.5
Marital Status									
Never married	22.2	8.3	36.1	.	.	.	2.1	0.0	4.4
Married/ living together as a couple	8.4	4.3	12.6	.	.	.	7.0	3.4	10.5
Divorced/ widowed/separated	36.4	3.0	69.7	.	.	.	7.0	1.5	12.4
Education									
0-11 years	20.2	10.7	29.8	.	.	.	15.8	7.9	23.6
HS Grad/GED	31.4	6.0	56.8	.	.	.	3.9	1.5	6.3
1 or more years of college	7.8	0.3	15.2	.	.	.	5.5	0.3	10.7
Employment									
Employed for wages	16.0	0.0	36.2	.	.	.	1.9	0.3	3.5
Household Income									
\$24,999 or less	24.3	0.0	51.0	28.4	0.0	69.4	7.8	2.2	13.3
\$25,000 – 49,999	25.1	0.0	53.6	.	.	.	5.3	1.4	9.2
\$50,000 or more	7.7	0.0	16.0	.	.	.	3.6	0.0	9.1

Disease Prevention: Cardiovascular Disease Prevention									
	Being advised by a health professional to...								
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active		
	%	CI		%	CI		%	CI	
All	32.6	13.3	52.0	30.9	13.1	48.6	29.2	11.3	47.2
Sex									
Men	31.1	6.7	55.4	18.1	9.6	26.7	14.1	7.0	21.1
Women	33.8	5.5	62.1	39.9	13.2	66.6	40.0	13.4	66.7
Race/ethnicity									
NH White	25.6	6.1	45.0	15.7	9.5	21.9	14.7	8.9	20.5
NH Black	18.1	5.5	30.6	30.5	13.7	47.4	29.1	12.5	45.7
Hispanic
Race/ethnicity-Sex									
NH White men	33.3	3.1	63.5	11.7	4.3	19.0	9.6	3.2	15.9
NH White women	15.5	7.4	23.6	21.0	10.6	31.3	21.4	10.9	31.8
NH Black men	19.3	2.9	35.6	38.5	20.6	56.4	31.1	13.4	48.8
NH Black women	17.6	1.4	33.9	27.5	6.8	48.1	28.3	6.6	50.0
Hispanic men
Hispanic women
Age									
18-44	10.6	4.2	17.0	14.1	6.6	21.6	12.1	5.7	18.5
45-64	54.9	25.0	84.7	46.0	11.8	80.2	45.2	10.6	79.7
65 and older	32.7	19.7	45.7	34.8	23.5	46.1	31.8	20.9	42.6
Marital Status									
Never married	11.3	2.5	20.2	20.0	9.0	31.1	18.5	7.4	29.5
Married/ living together as a couple	15.1	8.8	21.5	22.5	14.8	30.1	17.4	11.1	23.8
Divorced/ widowed/separated	56.6	24.7	88.6	42.6	6.1	79.1	44.5	8.5	80.5
Education									
0-11 years	23.7	11.2	36.1	35.6	23.8	47.4	35.8	23.2	48.4
HS Grad/GED	25.0	2.5	47.5	14.9	7.4	22.5	11.6	5.6	17.6
1 or more years of college	50.1	12.3	87.9	54.4	19.7	89.2	54.6	20.0	89.2
Employment									
Employed for wages	33.3	2.2	64.4	35.8	5.6	66.0	34.5	3.9	65.2
Household Income									
\$24,999 or less	57.1	30.9	83.4	45.8	14.0	77.5	44.1	11.9	76.2
\$25,000 – 49,999	10.0	3.2	16.9	14.1	5.5	22.7	10.5	4.1	16.9
\$50,000 or more	13.0	2.1	23.9	18.7	6.8	30.6	18.6	7.6	29.7

Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots									
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot		
	%	CI		%	CI		%	CI	
	All	19.2	12.0	26.3	4.7	1.8	7.6	16.3	10.0
Sex									
Men	21.9	12.1	31.7	3.0	0.2	5.8	19.8	10.5	29.1
Women	17.3	7.7	26.9	5.9	1.1	10.6	14.0	5.8	22.1
Race/ethnicity									
NH White	20.4	12.6	28.2	4.5	1.9	7.1	18.6	11.2	26.0
NH Black	24.1	9.0	39.2	6.1	0.0	14.5	15.4	3.9	26.9
Hispanic
Race/ethnicity-Sex									
NH White men	19.5	8.3	30.7	3.2	0.0	6.7	18.2	7.4	29.0
NH White women	21.5	11.0	32.0	6.1	2.0	10.2	19.0	9.3	28.8
NH Black men	35.6	19.2	51.9	3.0	0.0	8.9	20.5	6.5	34.5
NH Black women	19.9	1.5	38.3	7.2	0.0	18.9	13.6	0.0	27.9
Hispanic men
Hispanic women
Age									
18-44	8.4	2.7	14.1	1.9	0.0	4.5	7.8	2.5	13.1
45-64	14.7	4.1	25.4	3.1	0.4	5.9	11.1	2.9	19.3
65 and older	59.7	47.9	71.4	16.4	3.7	29.1	51.4	38.9	63.9
Marital Status									
Never married	16.3	4.6	27.9	1.8	0.0	4.2	14.5	2.3	26.8
Married/ living together as a couple	24.7	16.6	32.9	6.2	2.5	9.8	20.2	13.0	27.3
Divorced/ widowed/separated	14.1	2.8	25.4	3.8	0.0	9.2	12.6	2.3	22.8
Education									
0-11 years	32.1	18.2	46.0	12.4	0.3	24.6	30.1	17.0	43.1
HS Grad/GED	15.1	7.5	22.8	2.5	0.4	4.6	11.5	5.4	17.5
1 or more years of college	18.8	3.7	34.0	4.0	0.0	8.3	16.8	2.4	31.3
Employment									
Employed for wages	12.2	4.8	19.7	2.1	0.1	4.1	7.5	2.4	12.6
Household Income									
\$24,999 or less	18.4	6.1	30.8	5.8	0.0	11.7	18.2	5.8	30.6
\$25,000 – 49,999	16.2	6.5	26.0	2.5	0.1	4.9	12.3	4.3	20.3
\$50,000 or more	18.4	5.9	30.9	0.9	0.0	2.8	13.9	3.1	24.8

Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
All	76.9	61.5	92.3	95.0	90.7	99.3	86.7	77.7	95.8
Sex									
Men
Women	76.9	61.5	92.3	95.0	90.7	99.3	86.7	77.7	95.8
Race/ethnicity									
NH White	71.3	63.7	78.9	97.1	94.3	99.9	83.6	72.9	94.4
NH Black	61.4	41.7	81.0	92.2	82.6	100.0	85.4	70.1	100.0
Hispanic
Race/ethnicity-Sex									
NH White men
NH White women	71.3	63.7	78.9	97.1	94.3	99.9	83.6	72.9	94.4
NH Black men
NH Black women	61.4	41.7	81.0	92.2	82.6	100.0	85.4	70.1	100.0
Hispanic men
Hispanic women
Age									
18-44	.	.	.	95.0	88.6	100.0	88.1	77.2	99.1
45-64	78.4	58.6	98.3	95.9	90.0	100.0	89.6	76.9	100.0
65 and older	74.6	56.2	93.0	91.2	79.5	100.0	64.7	44.3	85.1
Marital Status									
Never married
Married/ living together as a couple	76.0	67.1	84.8	94.5	88.0	100.0	83.5	71.2	95.8
Divorced/ widowed/separated	78.7	55.6	100.0	97.9	94.7	100.0	91.8	82.3	100.0
Education									
0-11 years	53.8	31.7	75.8	76.8	57.0	96.6	57.0	37.1	76.9
HS Grad/GED	69.5	59.3	79.7	95.5	90.6	100.0	87.0	76.2	97.9
1 or more years of college	92.0	81.2	100.0	99.2	97.7	100.0	94.3	86.3	100.0
Employment									
Employed for wages	90.0	77.9	100.0	99.0	97.4	100.0	93.0	85.8	100.0
Household Income									
\$24,999 or less	82.8	63.6	100.0	96.1	90.4	100.0	86.8	70.9	100.0
\$25,000 – 49,999	77.3	63.4	91.2	98.7	96.7	100.0	93.7	87.1	100.0
\$50,000 or more	.	.	.	96.6	89.7	100.0	90.3	79.1	100.0

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
All	25.7	14.9	36.5	21.4	12.0	30.9	58.3	41.8	74.7
Sex									
Men	20.9	2.9	38.9	19.4	2.4	36.3	76.3	56.5	96.1
Women	29.9	21.5	38.2	23.3	15.6	30.9	42.2	32.6	51.8
Race/ethnicity									
NH White	25.3	10.5	40.1	20.4	8.0	32.8	66.7	47.8	85.5
NH Black	21.5	8.6	34.5	19.8	7.0	32.5	35.2	19.9	50.6
Hispanic
Race/ethnicity-Sex									
NH White men	14.7	0.0	30.9	14.7	0.0	30.9	79.8	58.3	100.0
NH White women	38.5	28.9	48.2	27.7	18.8	36.7	50.4	40.5	60.3
NH Black men
NH Black women	14.8	1.4	28.3	13.5	0.4	26.6	29.7	12.2	47.1
Hispanic men
Hispanic women
Age									
18-44
45-64	18.4	6.1	30.7	14.4	4.3	24.5	56.7	29.7	83.7
65 and older	36.8	25.2	48.3	32.2	21.0	43.4	60.7	47.7	73.7
Marital Status									
Never married
Married/ living together as a couple	33.1	23.8	42.3	27.3	18.5	36.2	55.6	45.9	65.4
Divorced/ widowed/separated	19.1	4.0	34.2	16.6	3.1	30.1	61.5	32.4	90.5
Education									
0-11 years	26.5	13.4	39.5	21.2	9.0	33.5	43.4	27.3	59.6
HS Grad/GED	18.1	3.4	32.9	15.3	2.5	28.1	67.1	41.9	92.3
1 or more years of college	40.7	28.0	53.5	34.7	22.1	47.4	56.8	44.3	69.4
Employment									
Employed for wages	19.4	10.2	28.7	14.8	6.4	23.2	36.0	23.9	48.0
Household Income									
\$24,999 or less	20.9	6.1	35.7	18.1	4.8	31.4	65.5	42.2	88.8
\$25,000 – 49,999	35.2	20.5	49.9	29.5	15.6	43.4	45.7	30.2	61.2
\$50,000 or more	29.4	9.1	49.7	20.8	1.8	39.9	71.3	52.9	89.6

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
All		44.2	24.0	64.4	77.6	57.3	97.9	15.1	3.0	27.2
Sex	Men	26.3	13.3	39.2	59.9	39.8	80.0	7.4	2.7	12.1
	Women	57.4	30.7	84.2	84.0	64.6	100.0	20.6	0.1	41.2
Race/ethnicity	NH White	25.2	14.1	36.4	52.4	38.0	66.9	17.3	0.0	36.8
	NH Black	55.8	28.4	83.2	85.7	73.3	98.0	17.7	5.2	30.3
	Hispanic
Race/ethnicity-Sex	NH White men	20.4	6.9	33.9	.	.	.	4.1	0.1	8.1
	NH White women	32.4	13.0	51.7	54.3	40.3	68.3	36.1	0.9	71.3
	NH Black men	43.2	25.4	61.0	.	.	.	22.3	8.7	36.0
	NH Black women	61.5	26.5	96.5	.	.	.	15.7	0.0	31.6
	Hispanic men
	Hispanic women
Age	18-44	43.6	23.1	64.1	54.9	40.4	69.3	24.5	3.7	45.2
	45-64	45.0	10.1	79.9	91.5	78.7	100.0	6.0	1.1	10.9
	65 and older
Marital Status	Never married	26.9	15.0	38.7	.	.	.	20.4	10.0	30.8
	Married/ living together as a couple	32.5	20.7	44.3	50.5	35.1	65.9	20.5	0.0	43.5
	Divorced/ widowed/A80separated	60.8	23.3	98.3	93.5	82.6	100.0	7.7	0.3	15.1
Education	0-11 years	25.9	12.0	39.9	.	.	.	15.6	5.3	26.0
	HS Grad/GED	32.1	10.2	54.0	64.6	48.8	80.4	19.0	0.0	39.2
	1 or more years of college	71.1	45.2	96.9	87.8	70.1	100.0	8.5	0.2	16.8
Employment	Employed for wages	61.0	40.0	82.1	80.1	57.9	100.0	8.1	2.9	13.3
Household Income	\$24,999 or less	52.6	14.6	90.5	91.5	79.0	100.0	10.8	1.6	20.1
	\$25,000 – 49,999	41.3	13.5	69.2	52.8	32.1	73.6	25.1	0.0	53.2
	\$50,000 or more	44.0	28.2	59.9	.	.	.	3.9	0.0	10.6

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your County BRFSS data, please contact:
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